



Report on Alvas Homeopathic Medical College Event - World Heart Day and World Alzheimer's Day

Date: September 29, 2023

Empowering Health Through Knowledge: A Commemoration of World Heart Day and World Alzheimer's Day

On September 29, the Medicine Department of Alvas Homeopathic Medical College observed World Heart Day and World Alzheimer's Day with a symposium that proved to be both insightful and enriching. The event, held from 10 am to 1 pm, saw the congregation of medical professionals, students, and esteemed guests, making it a significant day for the college.

Cardiology Techniques in ICU: A Presentation by Dr. Sadandh Naik sir

The morning session commenced with the esteemed presence of Chief Guest, Dr. Sadandh Naik. His discourse delved into advanced cardiology techniques in the Intensive Care Unit (ICU), with a particular focus on surgical interventions. Dr. Naik's expertise illuminated the significance of cutting-edge practices, furthering the college's commitment to staying at the forefront of medical knowledge.

Clinical Yoga and Diet in Cardiac Care:

Insights from Dr. Archana Padmaba

Following this, Dr. Archana Padmaba, another distinguished Chief Guest, shared her expertise on the integral role of clinical yoga and diet in managing cardiac diseases. Dr. Padmaba emphasized the importance of a holistic approach to heart health, intertwining medical interventions with lifestyle modifications. Her insights were not only informative but also encouraged a proactive approach to heart well-being.

BLS Training and Methodology: Session by Dr. Prashanth Donkar sir

The event culminated with a session on Basic Life Support (BLS) training and methodology by Dr. Prashanth Donkar. His practical and hands-on approach to BLS underscored the critical importance of immediate response in emergency situations. Dr. Donkar's session served as a practical application of theoretical knowledge, equipping the attendees with life-saving skills.

In the realm of medicine, knowledge is not just power; it's a lifeline. Today's insights pave the way for tomorrow's breakthroughs." - *Dr. Sadandh Naik sir,"Let food be thy medicine, and medicine be the food. Embrace a heart-healthy lifestyle for a vibrant, fulfilling life." - Dr. Archana Padmaba maam,"In the face of



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an emergency, every second counts. BLS isn't just a skill; it's a responsibility we all share." - *Dr. Prashanth Donkar sir

- *Dr. Sadandh Naik sir,* Renowned for his pioneering work in cardiology, Dr. Naik brings a wealth of experience to the forefront. His commitment to advancing medical practices sets a benchmark for aspiring healthcare professionals.

- *Dr. Archana Padmaba maam * A trailblazer in integrative medicine, Dr. Padmaba seamlessly combines clinical expertise with holistic approaches. Her dedication to promoting wellness through lifestyle modifications is truly commendable.

- *Dr. Prashanth Donkar sir* A stalwart in emergency medicine, Dr. Donkar's commitment to spreading knowledge on BLS reflects his passion for equipping individuals with the tools to make a difference in critical situations.



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Dr archana mam is educating the students with new yoga techniques emphasis on yoga

Dr sadanad sir enriching the young minds with new icu techniques

Student Impact:*

The students at Alvas Homeopathic Medical College left the event not only enriched with knowledge but also inspired to embark on their medical journey with a renewed sense of purpose. The practical insights gained from the sessions are sure to shape their approach to patient care and contribute to the college's reputation for excellence in healthcare education. In conclusion, the event served as a testament to the college's commitment to holistic medical education, blending traditional practices with cutting-edge techniques for a well-rounded approach to healthcare.